



September 2023

Houston Gateway Academy Lunch Preschool HGA

				Lunch Entree Honey Mustard Chicken Slider Vegetables Wedge Cut Fries Fruit Diced Peaches	01
	04 Lunch Entree Chicken Nuggets & BBQ Sauce Vegetables Pinto Beans Fruit Red Apple Slices	05 Lunch Entree Hot Turkey & Cheese Sandwich Vegetables Green Beans Fruit Sliced Oranges	06 Lunch Entree BBQ Chicken Slider Vegetables Creamed Corn Fruit Sliced Oranges	07 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Pears	08
11 Lunch Entree Cheeseburger Vegetables Wedge Cut Fries Fruit Diced Peaches	12 Lunch Entree Ranch Chicken Slider Vegetables Pinto Beans Fruit Sliced Oranges	13 Lunch Entree Chicken Nuggets Vegetables Green Beans Fruit Red Apple Slices	14 Lunch Entree Beef Taco Vegetables Creamed Corn Fruit Sliced Oranges	15 Lunch Entree Beef Crumbles Pizza Vegetables Broccoli Fruit Pears	15
18 Lunch Entree Grilled Cheese Vegetables Crinkle Cut Fries Fruit Diced Peaches	19 Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Creamed Corn Fruit Sliced Oranges	20 Lunch Entree Diced Grilled Chicken Vegetables Breaded Okra Fruit Red Apple Slices	21 Lunch Entree Breaded Chicken Sandwich Vegetables Broccoli Fruit Sliced Oranges	22 Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Diced Carrots Fruit Pears	22
25 Lunch Entree BBQ Chicken Slider Vegetables Wedge Cut Fries Fruit Diced Peaches	26 Lunch Entree Chicken Fajita Queso Taco Vegetables Pinto Beans Fruit Sliced Oranges	27 Lunch Entree Spaghetti & Meatballs Fruit Red Apple Slices	28 Lunch Entree Grilled Chicken + Mac & Cheese Vegetables Creamed Corn Fruit Sliced Oranges	29 Lunch Entree Deep Dish Cheese Pizza Vegetables Collard Greens Fruit Pears	29

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.